

Alfred Bishop's
Popular Guides
to Health—No. 5.

FOR
LADIES.



“Yamba”—a Remedy
for Neuralgia
and Periodic Headache.

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*By Special Appointment to the
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Paris, 1889,

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“YAMBA.”

(Phenocoll c̄ Caffeine.)

A Remedy for
Neuralgia,
and Periodic
Headache.

YAMBA.

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In this age of progress in all things appertaining to Medical Science, one of the most marked characteristics is the continual striving after the attainment of ideal excellence. Many preparations that but a few years ago were thought most highly of, have either now been brought out in a perfected condition, or have been cast aside for something that has not only the same advantages, but also

other and greater ones. In the medical world, physicians are continually at work with a view to presenting the various remedies in their purest and most active forms, whilst eliminating that part which is inert or possibly harmful.

NEURALGIA & NERVOUS HEADACHE.

In all cases of Neuralgia, even where very violent, with severe pain on either side of the face or head, **“Yamba”** will be found of the greatest value, by its prompt action in rapidly relieving the pain; and in that more common form of

Neuralgia that proceeds from COLD, it may be said to be almost a specific. There is a form of Neuralgia, which undoubtedly proceeds from the stomach, and which is induced by Constipation. For Neuralgia of this type, while **“Yamba”** would undoubtedly relieve the pain, yet, to treat it thoroughly, we should recommend Bishop's Imperial Saline.* A dose of this most perfect and at the same time gentle laxative should be taken, and repeated if necessary and when the constipation has been overcome by this delightful and non-depressing saline, the

*See Bishop's booklet on Constipation, post free..

Neuralgia can then be perfectly cured by a few doses of **“Yamba.”**

But in the case of Neuralgia proceeding directly, or indirectly, from cold, **“Yamba”** is a remedy that can be taken with the most perfect confidence.

It will be found to have a wonderful effect on the irritated and worn nerves, inducing a sense of delicious calm and contentment, and soothing away the pain.

PERIODIC

HEADACHE.

It has been a matter of great regret to medical men that, up to the present time, there has been no harmless specific for the alleviation of that condition of nervous tension and irritability periodically experienced by many ladies. It is only too well known to the family

physician that a lady may otherwise be in good health, and yet at these times suffer a strain on the nervous system that is indescribably painful and wearing, and which is usually described by the general term, MALAISE.

A Medicine that would allay these distressing feelings, quiet the nerves, soothe the sense of irritability and discomfort, and yet whilst doing all this would have no ill effect, has long been a desideratum of the Medical Profession.

At length a combination possessing these desirable qualities has been brought out and placed before

the public in the acceptable and pleasant form of an effervescent, by Alfred Bishop and Sons, Ltd., the well-known specialists in all granular preparations.

It has been named “**Yamba**” and has proved so valuable in relieving Malaise in ladies, that, produced as it is in such a pleasing form, it constitutes a veritable triumph of the scientific chemist’s art.

It possesses all the qualities required in a medicine for this specific purpose, and whilst to ladies its value is really priceless,

it is in addition, a very valuable remedy in Neuralgia, as we have already show in this little book.

Many ladies have at the time we refer to, great tendency to a very depressing form of headache, which necessitates positive retirement whilst suffering from it. Often with those of an acutely sensitive nature, it means actually having to remain in bed for a day or two.

“**Yamba**” usually quickly dispels this form of headache, at the same time delightfully soothes the painful nervous irritability, and exercises a quieting influence on the system generally.



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